



Weekly Parent Reminders

September 26, 2025



Important Dates

October 7-8 – Gordon Dental visit
October 8 – Hispanic Heritage Potluck (4-6pm)
October 9 – Parent-Teacher Conference (No school for students)
October 10 – Teacher Professional Development (No school for students)
October 13 – Indigenous People's Day (School closed)
October 14 – Operation Warm Coat Distribution
October 15 – Hispanic Heritage Month Music Celebration (2:30pm)
October 22 – UNITY Day
October 31 – Family Friday (8:45-9:00 am)
October 31 – Coffee with the Principal (9:00-9:30 am)
October – National Bully Prevention Awareness Month

MXSV Hispanic Heritage Month PEHN

SAVE THE DATE!! We are celebrating Hispanic Heritage month with various activities in the classroom and as a community! We've had a couple successful bake sales! Below are some ways we are celebrating. Save the dates!

Spirit Week – October 6-8! (more information coming)

Monday: Jersey day!! Camiseta!! Represent Latin America or country you want!

Tuesday: Si se puede! Future self or Favorite College t-shirt!!

Wednesday – Tu cultura! Clothes to represent your culture!

Family Potluck Celebration – October 8th (more information coming, let us know if you want to volunteer!)

T-Shirt Order Form 🛒

You can order a t-shirt to celebrate Hispanic Heritage Month at Cooke! Payment and order form are due by **4:30 PM on Wednesday, October 1, 2025**. Shirts will be delivered by **Wednesday, October 8, 2025**, in time for the Family Event.

Cost: \$20

<https://forms.office.com/Pages/ResponsePage.aspx?id=7kagKk6zM0qSt5md8rwKMsTH3uLFKEJOmshmqx4Z1exUOU81TjRMSDJFTVpJR1JRRjU0VkywVIJFUS4u>

October is National Bullying Prevention Month! ❌

October is also National Bullying Prevention Awareness Month, an opportunity to foster a safe and supportive environment for everyone by promoting kindness, acceptance, and inclusion. At H.D. Cooke we will be celebrating **Unity Day, on October 22, 2025**. This is a day when we can come together to send a visible message of building commUNITY through kindness, acceptance, and inclusion while wearing **orange** to show our UNITY against bullying. We will also be having age-appropriate conversations during the month of October in classrooms and participating in activities so that students can better understand the definition of bullying, the effects of bullying behavior, and how to report bullying at Cooke. Please look out for more information and resources in the coming weeks so that you can continue the work at home. 💖

Dental Visit 🦷

We will have Gordon Dental at school in October 7 & 8 for annual dental cleanings! If you would like your student to be seen by the dentist, please complete the consent form so your student can be seen by the dentist. You can complete by visiting the link or stopping by the main office for a paper form. Insurance is not required but a consent form must be completed.

English: <https://form.jotform.com/230905153879059>

Spanish: <https://form.jotform.com/233075730842051>

OSSE Model Cell Phone Policy Survey

OSSE is gathering input from school leaders, educators, students and families across the District to help inform a model district-wide cell phone policy, as is required by the [Disconnect Act of 2025](#) (DC Act 26-0113). OSSE invites all DC community members to complete a [short survey](#) to share experiences and insights related to student cell phone approaches and implementation by Wednesday, October 15.

October is Principal Appreciation Month!

October is Principal Appreciation Month, a national observance to recognize and celebrate the dedication, hard work, and vital role of school principals. This month we celebrate Principal Lam for his leadership in creating a positive learning environment, supporting staff and students, and ensuring student success at H.D. Cooke! Show Principal Lam some love by having your student write appreciation notes.

Garden Assistance 🌱🌱

We need to plant some seedlings in the ground, and we need help! Do you love to be one with nature? We are working on growing our garden and need your help to maintain it. Come help us make it beautiful and bountiful! Any questions, see Ms. Jackie in the office or talk with Ms. Courtney in PreK.

Kids Ride Free Metro/Bus Cards

If you have a card from last school year, please request a new one. The ones from last school year will expire at the end of September. The Kids Ride Free program allows students enrolled in DC Public Schools, DC Charter Schools, and DC private/parochial schools to receive a KRF SmarTrip card for free travel to and from school and school-related activities within the District of Columbia, using Metrorail, Metrobus or the DC Circulator. Please contact the main office (202-939-5390) if your student needs a Kids Ride Free card for the new school year for the bus or metro. ***Reminder that these cards are for student use ONLY!!***

Immunization Forms 📝💉

If you have not turned in your health forms, please do so right away! Health physicals and oral health assessments are required annually. Students also must be current with their immunizations to attend school. As outlined below, a series of medical forms should be turned in to the school as part of the enrollment process, and any updated forms throughout the school year should be submitted to the school nurse.

The following documents are part of the [DCPS School Enrollment Package](#):

- [Universal Health Certificate](#) (required annually for all grades, documenting immunizations, tuberculosis assessment, lead screening and a physical exam). If you have questions about DC's immunization requirements, please discuss them with your child's physician. You can also contact DC Health's Immunization Division at (202) 576-7130.
- [Oral Health Assessment](#) (required annually for all grades)

Social Media

Follow us on our social media pages to get information and see what we are up to:

Facebook: facebook.com/HDCookeES

Instagram & Twitter: [@HDCookeES](#)